



## Ab Fab Marine Reserve Paddle & Walk

Your day begins with a fast water taxi ride up to the golden sands of Onetahuti Beach. Paddling offshore we head to Tonga Island and its flourishing New Zealand fur seal colony. From there we kayak south experiencing the bush clad coastline, and hopefully spotting the shy little blue penguin. At beautiful Bark Bay our kayaking adventure finishes.

This is where your walk begins. After time for lunch head off (unguided) to explore the flora and fauna of the New Zealand bush. Your walk (12.1kms on the high tide route, 8.4kms on a low tide route) will take you over the swing bridge at Falls River, and will end at Anchorage, where your afternoon water taxi will pick you up and transfer you back to Marahau.

### Suggestions on what to bring.

- Quick drying shorts or swim wear.
- Avoid cotton T's when possible. Polypro underwear is best with a warm fleece top. Long sleeved shirts are a good idea for summer when the sun is very strong.
- Hat, sunscreen & sunglasses
- Insect Repellent
- Towel
- Light walking shoes/ sandals
- Water bottle
- Camera
- Warm clothes to change into after paddling including; Trousers, long sleeve top and fleece top.

### Departure Times:

7.50 a.m. meet at Motueka Base, 506 High Street.

### Frequency of Tours:

Tours departing daily  
Minimum numbers required.  
Maximum of 8 people per group.  
Group bookings available.

**The Sea Kayak Company (2013) Ltd  
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